



# NESPS Newsletter

The Newsletter of the Northeastern Society of Plastic Surgeons  
March 2006



## From the President...

The annual meeting of the 2005 Northeastern Society of Plastic Surgeons was held from November 3-6, 2005 in the capital city of Washington, DC. The weather was unusually warm and balmy, giving it a wonderful setting for this well-attended

meeting in downtown DC. The Ritz-Carlton Hotel offered a wonderful backdrop for the scientific sessions.

**Scott Spear**, who is the immediate past president for the American Society of Plastic Surgeons, was the Courtiss Lecturer. Being a good friend of **Gene Courtiss**, he presented a personal adventure through the breast implant crisis over the last 10 years. It was a very thoughtful and in-depth analysis of the political ups and downs of the whole process and where it is headed.

**Julius H. Jacobson II**, and **Robert M. Goldwyn** delivered the Founders' Lecture in Reconstructive Surgery. **Dr. Jacobson** recounted a fascinating personal account of the Evolution of Microvascular surgery with his own experience, clinically and technically, throughout each stage of the process. **Robert Goldwyn**, as always, gave a very thoughtful and analytical history of the early years of plastic surgery and personal trials and tribulations during that time.

Prior to our meeting, the Inamed Academy had a very successful event that covered the entire pre-conference day on November 3rd. The welcome reception was then held at the Cosmos Club, which is a local club that past presidents, Nobel laureates, present scholars, and scientific notables often frequent. The President's Reception was held at the Sequoia Restaurant with a wonderful view of the city along the Potomac River. The dining and dancing went well into the evening and a wonderful time was had by all. On Saturday, our final reception included a tour of the National Library of Medicine, which featured the exhibit, *The Changing Face of Medicine: Celebrating America's Women Physicians*. It was an intriguing glimpse at the broader community of women doctors who are making a difference.

In the survey responses about the scientific program, the participants felt that the format of placing several well thought out panels was an excellent way of interacting with the experts in these fields. On Friday, the first panel's topic was "Breast Reconstruction with Perforator Flaps - What is New and What is Ahead" with doctors, **Maurice Nahabedian**, **Babak Mehrara**, **Alex Keller**, and **Bernard Chang** presenting. The second panel, on Friday afternoon, included **Richard Zienowicz**, **Dennis Hurwitz**, and **Kenneth Shestack**, who reviewed the gamut of "Body Contouring" procedures. "Contouring with Facial Rejuvenation", was the topic of the third panel by **Patrick Sullivan**, **Louis Bucky**, **William Little**, **Charles Thorne**, and **Sydney Coleman**. They discussed a very provocative and wide ranging set of techniques to confront facial aging problems. The last panel on "Second Thoughts and New Concepts Regarding Evaluation and Treatment of the Lower Lid and Cheek Junction" with **Louis Bucky**, **Harvey Rosen**, **Patrick Sullivan**, **Michael Yaremchuk**, and **Glenn Jelks** delivered some very thoughtful evaluation of techniques involving this anatomical region.

The residency paper competitions were held in reconstructive and clinical categories. The annual resident competition featured four entries each for clinical and basic science work, producing a winner in the Clinical category, **Arin Greene**, and a winner in the scientific category, **Eric Chang**. The best paper presented at the Annual Meeting by an active member was awarded to **Joseph Disa**.

And finally, the Society continues to be on sound financial ground under the guidance of the vice-president, **Louis Bucky** and treasurer, **Donald Mackay**. All the officers, board members, and executive staff look forward to working with you as well as our plastic surgery residents in future meetings. There has been a groundswell of support and enthusiasm for our organization due to the camaraderie and congeniality of our members. We are all looking forward to a great meeting in Boston.

Craig R. Dufresne, MD, FACS  
President

# 23<sup>rd</sup> Annual Conference



**November 30 - December 2, 2006**

**Copley Plaza Hotel  
Boston, MA**

**Abstract Submission Deadline:  
April 14, 2006**

Submit your abstract online now at  
[www.nesps.org/abstracts.php](http://www.nesps.org/abstracts.php)

## 2006 Courtiss Memorial Lecturer

**Dr. Tom Rees** has been selected to serve as the Courtiss Memorial Lecturer at the 23rd Annual Meeting of the Northeastern Society of Plastic Surgeons in Boston.

Dr. Rees is Clinical Professor of the Surgery at New York University School of Medicine, Chairman Emeritus of the Department of Plastic Surgery at the Manhattan Eye, Ear and Throat Hospital, Senior Surgeon to the Institute for Reconstructive Surgery at New York University; Past President of the American Society for Aesthetic Plastic Surgery; and a former Director and Vice Chairman of the American Board of Plastic Surgery.

He served a fellowship in England at the renowned Queen Victoria Hospital for Plastic Surgery under the tutelage of the late **Sir Archibald McIndoe**. In the winter of 1956, Dr. Rees, Sir Archibald and another of McIndoe's protégés, **Dr. Michael Wood** conceived of the idea of providing reconstructive surgery to the people of East Africa. They formed the now famous Flying Doctors of East Africa and its umbrella organization, The African Medical Research and Education Foundation (AMREF).

We are honored to have Tom and Nan join us in Boston to honor our longtime friend and colleague, Gene Courtiss.

Thomas S. Davis, MD, FACS  
Editor

## Message from the Executive Director

**Dilemmas of a meeting planner:** making the registrants glad they came, making the speakers comfortable, making the hotel happy to have the group (read: sufficient revenue from rooms and meals to meet quota for the month), making the exhibitors want to come back every year.

**Hardest part to achieve:** the exhibitors!

**What they contribute:** 35-40% of conference revenue.

**What makes them unhappy:** standing around the exhibit hall for three days with no surgeons stopping at their booth to talk to them.

**What makes this happen:** we see the same companies at all the meetings, we don't buy their products at the regional meeting, we just don't want to talk to them.

**How this hurts:** they don't want to come back.

**How this hurts more:** we begin to lose revenue and some of the nice features of our annual meeting start slipping away

**How we can salvage the problem:** spend a little time with them, no need to buy, just listen to what they have to say and thank them for being there. That meets their #1 marketing objective – access to surgeons.

**What the NESPS plans to do about the dilemma:** we won't go back to the multi-prize raffle as we have done in some past years, as I've been told that gets old pretty quickly. Instead, we will still ask our attendees to get their raffle card signed by a minimum number of exhibitors, but there will be only one prize that I think everyone will agree is worth the effort.

We will (1) refund the winner's registration fee, (2) provide free registration for the following year's meeting, and (3) pay the room portion of their hotel bill, if they stay at the Fairmont Copley Plaza in Boston.

We produce our annual meeting for the quality educational content that we are known for. The exhibits were not even a feature until 1996, our last Washington meeting, but they are now a financial necessity. All we ask is that you help us secure the financial future of our meeting by thanking our exhibitors for their 35-40% contribution by simply taking a little time to talk to them.

End of dilemma.

Catherine Foss  
Executive Director

## Meeting Sponsors

The NESPS would like to thank the following  
30 sponsors of our 22<sup>nd</sup> Annual Meeting.

*Alleviated Reflections*  
*ASSI-Accurate Surgical & Scientific Instruments*  
*Canfield Clinical Systems*  
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*Einstein Medical*  
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*Enhance*  
*INAMED Aesthetics*  
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## 2006 Annual Meeting

### Hotel Information

#### Copley Plaza Hotel

138 St. James Avenue  
Boston, MA 02116

View online at:  
[www.fairmont.com/copleyplaza/](http://www.fairmont.com/copleyplaza/)



# Annual Business Meeting - Minutes

Northeastern Society of Plastic Surgeons  
Annual Business Meeting  
Ritz Carlton Hotel, Washington, DC  
November 5, 2005

The meeting was called to order by President **Ken Marshall, MD**, at 1:29 p.m.

The minutes from the 2004 Annual Business Meeting were approved, as submitted, by acclamation.

## Officer's Reports

President **Marshall** offered his report, providing to the membership a point of information with regard to the increase of annual dues to \$200.00 a year. **Dr. Marshall** cited that, in the year 2000 dues were \$175.00. This was increased to \$180.00 in 2001. It was then, again, increased to \$185.00 in 2002 and remained stable at that level for the succeeding three years.

Vice President **Dufresne** had no report.

Secretary **Robert X. Murphy, Jr., MD** referred the membership to the minutes which had been previously accepted.

Treasurer **Bucky** reported to the membership that the Northeastern Society of Plastic Surgeons was indeed solvent. He gave a brief discussion of the shift of our funds to UBS. He noted that the Board's philosophy in maintaining these funds was to provide growth with relatively low risk by using long term growth and balanced growth funds. While acknowledging rather challenging economic times, he reported that there had been a 1.3% growth in our investments since this change of investment broker and philosophy had been adopted in July 2005.

## Committee Reports

Membership Committee Co-Chairs, **Drs. Ascherman** and **Nahabedian** thanked the members of their committee. The members then accepted the slate of 18 membership candidates as proposed.

Program Committee Chair **Dr. Zienowicz** thanked **Dr. Nahabedian**, **Dr. Sullivan** and **Dr. Bucky** for their participation as panel chair persons. He also extended thanks of the Board and the membership to **Dr. David Leitner** for the inspirational introduction of **Drs. Jacobson** and **Goldwyn** during their presentation of the Founders Reconstructive Lectureship.

Further appreciation was offered to **Dr. Little** for his hosting our reception at the Cosmos Club and to **Ms. Foss and staff** for the excellent Annual Dinner Meeting at the Sequoia Club.

**Dr. Dufresne** then advised the membership that **Dr. Joseph Serletti** would be serving as Program Chair for the 2006 meeting in Boston.

Nominating Committee Chair **Dr. Thorne** presented the 2005 ballot for officers to the membership. **Dr. Leber** nominated **Jack McGill, MD**, for a Member-at-Large position. The offices of President, Vice President, Secretary, and Treasurer were accepted, by acclamation. A paper ballot was tallied to determine the Member-at-Large (2 year term) position. **Dr. Patrick Sullivan** was elected to fill this seat. Nominations from the floor were entertained for the nominating committee. **Drs. Dave Leber, Andy Lee** and **Robert Grant** were elected to this committee to serve under Chairman, **Kenneth Marshall, MD**.

The exchange of gavel then occurred between **Dr. Marshall** and **Dr. Dufresne**.

There being no further business, the meeting was adjourned by President **Dufresne** at 1:52 p.m.

Respectfully submitted,  
Robert X. Murphy, Jr., MD  
Secretary

## 2006 Call for Abstracts

We are pleased to announce the Call for Abstracts for the 23rd Annual Meeting of the Northeastern Society of Plastic Surgeons in Boston, Massachusetts on November 30 - December 2, 2006.

**To submit an abstract, please go to our online form at: [www.nesps.org/abstracts.php](http://www.nesps.org/abstracts.php)**

This will take you to the instructions and form. All form fields with an asterisk (\*) must be filled in. Your submission will not be accepted if any of these fields are left blank. Only electronic submission of abstracts is permitted.

**The deadline for submission is midnight on April 14, 2006.**

*It is essential that you provide us with your accurate e-mail address so that you can receive an immediate confirmation of your submission or notification of any problems.*

## Resident's Corner

### Georgetown University

The Georgetown Department of Plastic Surgery offers a six year integrated plastic surgery residency that accepts three residents a year. This year the department welcomed the addition of **Dr. Maurice Nahabedian**, who is the eighth full-time faculty member. The residency provides a large volume of traditional plastic surgery cases as well as intensive experiences in muscle preserving breast reconstruction, peripheral nerve surgery, orthognathic surgery, head and neck reconstruction, and lower extremity salvage. Because Georgetown is the only plastic surgery residency in Washington, DC, the residents are able to rotate through the best institutions in the metro area for additional experience.

The basic science research at Georgetown is also advancing with several NIH funded studies underway. A strong collaboration between the department of plastic surgery and several basic science research laboratories have allowed the development of a tissue engineering effort with a focus on translational results. A cooperative effort between clinicians, scientists, and corporations facilitates the translational applications of the projects.

We are fortunate to have great residents and an esprit de corps that creates an enjoyable and productive environment. We look forward to continued growth and success with our recently appointed departmental status.

Stephen Baker, MD  
Georgetown University

### New York-Presbyterian Hospital

**Drs. Jeffrey Hoefflin, Vikisha Fripp and Amy Sprole**, will graduate from the program in July 2006. Dr. Hoefflin is returning to Southern California to join his father in practice. Dr. Vripp is joining a busy private practice in Atlanta, GA. Dr. Sprole is looking to set up her private practice of Plastic Surgery in the suburban tri-state NY metro area. Dr. Sprole also was awarded the Dicran Goulian, MD award for academic excellence at the Division's graduation ceremony in June 2005.

Faculty Members of the Division will participate in Humanitarian missions this academic year to China, Morocco, the Philippines and Nepal. Residents in the program have the opportunity to experience and participate fully in these medical missions.

The program underwent its RRC accreditation site visit in October 2005. The program's application for permanent expansion to eight residents total (four in each year of the two-year curriculum) was the major change presented. The new resident rotation to Harlem Hospital Center has worked out very well. This rotation has added a busy acute trauma, hand and cosmetic clinic in a city hospital setting to the program's educational paradigm.

Robert T. Grant MD, MS, FACS  
New York-Presbyterian Hospital,  
the University Hospitals of Columbia and Cornell

### Harvard University

The Harvard Plastic Surgery Training Program passed a major milestone last June when we graduated the first of our integrated residents. We continue as a two-track program with a 3-year independent track and 6-year integrated track. We are one of the largest Programs in the country with 25 residents and three affiliated fellowships. We recently appointed **Dennis P. Orgill, MD, PhD** to be the Assistant Program Director with direct responsibility for residents in the first three years, the general surgery portion of the Program. Graduates from the Program are now in academic positions, in reconstructive and aesthetic surgery practices, and in fellowships all across the country and we have a 100% Board pass rate to date.

Julian J. Pribaz, MA  
Program Director  
Harvard Plastic Surgery Training Program

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## Note from the Parliamentarian

Many of you may have received a CME Statement from ASPS this past June. Despite the fact that I had earned nearly 230 hours of CME credits, of which nearly 200 were category I credits, I was surprised that my CME requirements had not yet been met. Beginning in 2005, 20 of the 150 hours must be earned in **patient safety** related topics and may be either Category 1 or 2 credits. I had earned a mere 3.5 hours in that category, so despite the other credits, I was likely to be placed on probation. Because the 20 hours are being phased in over three years, only 7 hours are required for 3-year cycles ending in 2005, 14 hours for those ending in 2006 and finally 20 hours for those ending in 2007. Needless to say, this requirement colored my choices for courses at the annual ASPS meeting in Chicago!

In view of these changing requirements, the Board of Directors of the Northeastern Society of Plastic Surgeons has decided to implement specific patient safety CME credits at its future meetings. We feel that we have the obligation to help our members fulfill the CME requirements for the ASPS and extend the mission of our organization to focus on patient safety issues. Happily, the patient safety CME topics are reasonably broad and can include category 2 credits. Specifics can be found at:

[www.plasticsurgery.org/psf/psfhome/education.cfm](http://www.plasticsurgery.org/psf/psfhome/education.cfm)

Respectively submitted,  
John R. McGill, MD, FACS  
Parliamentarian

## Resident's Corner - Continued

### Penn State University/Milton S. Hershey Medical Center

The Residency program at Penn States' Hershey Medical Center reached a milestone this year with the successful graduation of our 50th resident, **Dr. Todd Rau**. The program was started in 1972 by **Dr. Bill Graham**. He was one of a group of young surgeons mainly from the University of Pennsylvania who joined **Dr. John Waldhausen**, the first chair of surgery. The success of the division was founded by the hard work and innovation of Bill Graham and **Steve Miller** both of whom later chaired the American Board of Plastic Surgery.

Bill Graham was also instrumental together with **Barry Noone** and **Gene Courtiss** in establishing the Northeastern Society.

**Ernie Manders** consolidated the program and provided unbounded enthusiasm, optimism and energy for ten years after Bill's tenure.

In 1998 **Paul Ehrlich** joined the Division providing a major boost to the research effort. The current research emphasis which is NIH funded is on the matrix, collagen and gap junction communication in wound healing.

The residency is currently in the process of changing from an independent to an integrated (6 year) model. The positive experience with making one of our residency slots a coordinated position convinced us that this was the right decision for our program. Our Graduate Medical Education committee recently approved the increase for the division. We currently have four full-time clinical faculty and are recruiting two more.

The Hershey Medical Center is in the ground breaking stage of an ambitious expansion that will add a Cancer Center, Childrens Hospital and more research facilities costing \$500M over the next ten years.

The quality and enthusiasm of the medical students and residents applying to our program stimulates and excites us. We look forward to being part of training the next 50 Plastic Surgeons from Penn State.

Donald R. Mackay  
William P Graham III Professor of Plastic Surgery  
Professor of Surgery and Pediatrics  
Penn State College of Medicine

## Membership Corner

This is a new year for the Northeastern Society. Together, we have two specific membership goals for the upcoming year. First, each member should recruit one colleague to become a new member of the Northeastern Society. Remind your local friends of the benefits that the Northeastern Society provides. Second, encourage residents training in your programs to join the Northeastern Society! The Northeastern is an excellent regional society that can introduce your residents to the importance of academic society participation.

As we all agree, benefits of membership include the strength of our academic program, the opportunity for fellowship and personal communication with other members, and exposure to colleagues' different points of view on topics ranging from breast reconstruction to limb salvage; pediatric surgery to cosmetic enhancement. In addition, part of our responsibility as educators is to teach residents the importance of being involved with life long learning and advocacy. Joining the Northeastern Society is a great way for them to begin.

The Northeastern Society of Plastic Surgeons – who are you bringing to their first meeting in Boston, 2006?

Stephen Chidylo, MD, DDS  
John Giroto, MD

Membership – and meeting - info is available online at:

[www.nesps.org](http://www.nesps.org)

### 2005 RESIDENT AWARD WINNERS

**Arin K. Greene, MD, MMSc**

**Harvard Medical School**

*Factors Associated with Medical Student  
Choice of a Career in Plastic Surgery*

**Eric I. Chang, MD**

**NYU School of Medicine**

*Aging Impairs Progenitor Cell Trafficking  
Through Downregulation of HIF-1  
Induced SDF-1 Expression*

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**Patrick K Sullivan, MD, FACS (2007)**

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**John R McGill, MD, FACS**

### Executive Director

**Catherine B. Foss**

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## NESPS Newsletter

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# MARK YOUR CALENDAR!

## 23<sup>rd</sup> ANNUAL MEETING

**November 30 - December 2, 2006**

**Copley Plaza Hotel**

**Boston, MA**

## 24<sup>th</sup> ANNUAL MEETING

**October 3-7, 2007**

**Fairmont Southampton Princess Hotel**

**Bermuda**

## 25<sup>th</sup> ANNUAL MEETING

**October 1-5, 2008**

**Ritz-Carlton Hotel**

**Philadelphia, PA**



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