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Northeastern Society of Plastic Surgeons

NEWSLETTER

February, 2009

FROM THE PRESIDENT

John R. McGill, MD, FACS

The winter doldrums have arrived in northern New England. The sun is just starting to make its appearance known as I head into the operating room, and just setting about the time I'm getting out of the OR. The mercury struggles to get over the zero mark as I write this message and the oil truck is coming by the house every few days! Our government finally acknowledged the "R" word this past October when most of us doing any aesthetic surgery could have told them about it six months ago. So where is the joy? Having lived through several major recessions in the thirty years spanning my practice career, I can say that this, too, will pass and that there is likely to be a pent-up demand for our services once the other "R" word (recovery) is realized. Until then, we have to make to best use of our time and resources. Category 1 CME credits can be expensive and frequently take us away from our practices for prolonged times entailing expenses for lost income, travel, lodging and meals. Two years ago, your society made the decision to use the income generated from the second decade fund to institute and promote a one-day, in-depth workshop on some aspect of our specialty. This year's focus is going to be on aesthetic and reconstructive rhinoplasty surgery as it relates to airway and nasal tip aesthetics. As in the past, this day workshop will be held at the Yale Club in NYC (Across the street from Grand Central Station) on the first Saturday in March (March 7th). Mark your calendars and plan to attend. In the meantime, pray for the second "R" word. I hope to convince the new incoming administration to add elective plastic surgery to their list of leading economic indicators.



Editor's Corner



Brian S. Glatt, MD

Friends and Colleagues of the NESPS:

I sincerely hope everyone is managing to stay both warm and busy this winter given the frigid weather and economic landscape! From the abundant feedback I have received, it seems many of our programs have been quite busy and continue to advance, evolve, expand, and provide cutting edge educational experiences for staff and residents. Thank you to all the program directors who have taken time to participate in keeping our membership up to date with your departments and divisions. Your

(continued on page 7)



NORTHEASTERN SOCIETY OF PLASTIC SURGEONS

26th ANNUAL MEETING

September 23-27, 2009

Charleston Place, Charleston, South Carolina



Photo Highlights from the 2008 Annual Meeting Ritz-Carlton Hotel, Philadelphia



2008 Annual Business Meeting Highlights

October 4, 2008 / Philadelphia

Dr. Murphy welcomed everyone to the 25th Annual Meeting in Philadelphia where the first meeting of the Society was held at the Hershey Hotel. He reflected on the beginning of the Society and the growth and advances that have been made during the past 25 years, including increased membership from the original 257 founding members to 531 members. Looking towards the future, Dr. Murphy reported on NESPS efforts to become a more inclusive Society by further expanding the ranks of membership, creating transparent and consistent pathways to leadership, and striving for geographic balance, as well as a balance of academic and private practice surgeons.

Secretary's Report

Dr. Joseph Losee, Secretary, reported that the current membership totaled 531: 388 Active, 83 Life, 11 Candidate, 2 Corresponding, 7 Honorary and 40 Resident members.

The following members have requested transfer to Life Fellows status and have been approved:

Kim Kyo Ahn, MD	William C. Brender, MD
Gerald B. Colman, MD	Franklin DeSpaltro, MD
William J. Futrell, MD	Jane N. Haher, MD
James G. Hoehn, MD	Vincent F. Reale, MD
Harvey M. Rosen, MD	Berish Strauch, MD

Report of the President

Dr. Murphy noted that this has been a year marked by many changes including the change in management to PRRI. He expressed his appreciation for the technology improvements and the total transparency in all activities, especially financial. He reviewed the website redesign which included increased resources, a "members only" area, online membership application, an online newsletter, and new blast email capabilities allowing the membership to be kept up-to-date on Society activities and initiatives. A change in the annual meeting format provided an increased number of accepted abstracts and annual meeting sessions available online.

Dr. Murphy gave special thanks to the sponsors at the annual meeting: Allergan, Angiotech, Ethicon Endo-Surgery, KLS Martin, LifeCell, Medicis, Mentor, Stryker, Synthes CMF and ViOptix.

Report of the President-Elect

Dr. John McGill, Vice President, presented proposed bylaw amendments, most of which were housekeeping. Specific amendments included closing the Charter Member category, eliminating Corresponding Membership, and expanding Associate Membership but without vote.

Treasurer's Report

Dr. Donald Mackay reported Assets of \$417,773 with \$63,414 in the Operating Account and \$386,587 in investments. The economic downturn has resulted in unrealized losses of \$32,228. Dr. Mackay is in regular communication with the investment advisor at UBS and felt that he was doing a good job with the Society's funds; although they are down, they are not down as far as the S&P or the DOW. Total revenue as of August 31, 2008, was \$171,910 with expenses of \$140,761 resulting in a net operating balance of \$31,149.

Report of the Program Committee

Dr. Raymond Dunn, Chair, reported that a record number of abstracts were received for this year's program and the Program Committee accepted an increased number of abstracts for inclusion in the program, making the meeting more inclusive.

Nominating Committee Report

Dr. Lou Bucky, Chair of the Nominating Committee, presented the following slate for 2008-2009:

President	John R. McGill
Vice President	Donald R. Mackay
Treasurer	John Giroto
Secretary	Joseph Losee
Historian	Joseph Disa
Member-at-Large	Patrick Sullivan

Dr. Joseph Serletti was appointed as the Parliamentarian.

Dr. Murphy called for nominations to the Nominating Committee for next year. The following people were elected: David Femovich, Howard Langstein, and Paul Glat.

New Member Class of 2008

Syed Salman Ashruf, M.D.	<i>Glen Burnie, MD</i>	Kurtis Moyer, M.D.	<i>Hershey, PA</i>
William Gerald Austen, Jr., M.D.	<i>Boston, MA</i>	Michael Nagy, M.D.	<i>Toms River, NJ</i>
Ksenija Belsley, M.D.	<i>New York, NY</i>	Deepak Narayan, M.D.	<i>New Haven, CT</i>
Steven Bonawitz, M.D.	<i>Lewiston, ME</i>	Rogerio Izar Neves, M.D., Ph.D.	<i>Hershey, PA</i>
Stephane Braun, M.D.	<i>Albany, NY</i>	Vu T. Nguyen, M.D.	<i>Pittsburgh, PA</i>
Brooke Alissa Burkey, M.D.	<i>Philadelphia, PA</i>	Nikesh Patel, M.D.	<i>Freehold, NJ</i>
Wellington J. Davis, III, M.D.	<i>Philadelphia, PA</i>	Tushar R. Patel, M.D.	<i>Shrewsbury, NJ</i>
James Gardner, M.D.	<i>Summit, NJ</i>	Andrea Pusic, M.D.	<i>New York, NY</i>
Darrin M. Hubert, M.D.	<i>Langhorne, PA</i>	Gary Rogers, M.D.	<i>Boston, MA</i>
T. Shane Johnson, M.D.	<i>Hershey, PA</i>	Steven Smith, M.D.	<i>Hartford, CT</i>
Christopher Johnson, M.D.	<i>Hamilton, Bermuda</i>	Stephen M. Warren, M.D.	<i>New York, NY</i>
Scott Lifchez, M.D.	<i>Baltimore, MD</i>	Randolph Wojcik, Jr., M.D.	<i>Allentown, PA</i>
Colleen McCarthy, M.D., MS	<i>New York, NY</i>	Sean Anthony Wright, M.D.	<i>Exton, PA</i>

PROGRAM ROUND-UP

News from the Section's Programs

Dartmouth Hitchcock Medical Center

Program Director: Carolyn L. Kerrigan, M.D.

The newest additions to the faculty at Dartmouth are **Dr. Renee Comizio** and **Dr. Kenneth Leong**. This year the medical center hosted Dr. Peter Rubin, who gave surgical grand rounds and plastic surgery rounds. Each year the medical center graduates one resident, and this year **Christopher Jensen, MD** will be graduating and moving on to a hand fellowship at NYU. Next year **Oscar Ho, MD** will be starting his fellowship in microsurgery at Stanford University.

Einstein - Montefiore

Program Director: David A. Staffenberg, MD, DSc (Honoris Causa)

Dr. Staffenberg has become the Chief & Program Director at Einstein-Montefiore as Dr. Strauch has retired from practice. **Evan Garfein, MD** has joined the full-time faculty.

The program sponsored "Growth & Development in Craniofacial Anomalies: Controversies in Surgical Correction and Management" November 21-23, 2008 at the Sheraton New York Hotel & Towers. Symposium faculty included world leaders in the diagnosis and treatment of craniofacial disorders in the disciplines of plastic surgery, neurosurgery, ENT, pediatrics and genetics. Almost 300 registrants including almost 90 international registrants made this an extraordinarily rewarding event.

Four residents graduate from the program each year. **Jennifer Emmett, MD** will be practicing in Denver, **Jacob Freiman, MD** will be starting practice in Miami, **Gila Weinstein, MD** will be staying in New York, and **Daniel Kaufman, MD** has not yet decided about his plans following residency.

Georgetown University, Department of Plastic Surgery

Program Director: Stephen B. Baker, MD, DDS

Dr. Steven Davison has left the group to enter private practice. The department is opening a large satellite office in Tyson's Corner, Virginia that will be adjacent to a surgical suite that will include two operating rooms and be shared with an adjacent private plastic surgery group that is comprised of two Georgetown alumni and two Georgetown clinical faculty members. We are going to be looking to recruit new faculty when the Tyson's Corner/McLean office-based surgery center opens in 2009.

In September 2008, **Drs. Christopher Attinger** and **John Steinberg** from our department co-chaired the second annual Diabetic Limb Salvage conference at the J.W. Marriott in Washington D.C. Last year's inaugural conference, also in Washington, exceeded all projections for attendance and participation. The course had more than 1,100 registered attendees from 44 U.S. states, the District of Columbia, Puerto Rico and 23 foreign countries. There were 52 faculty members and more than 60 corporate exhibitors. We are very proud of the wound center's continued excellence in academic achievement and clinical care.

The department also hosted **Dr. Fred Menick** last year as the Millard lecturer. This April, the Millard lecture will be given by **Dr. David Hidalgo**. **Drs. Ronald Gruber** and **Charles Butler** also presented as visiting faculty in 2008.

There are three graduating residents each year from the program. Of the 2008 graduates, **Joe Dayan, MD** is doing a microsurgery fel-

lowship in Taiwan with **Fu-Chen Wei**, **Nathan Menon, MD** is doing a microsurgery fellowship at Stanford University, and **David Bogue, MD** is in private practice in Boca Raton, FL.

The current graduating residents for 2009 include **Pranay Parikh, MD** who will be entering a hand fellowship at Curtiss National Hand Center, Union Memorial Hospital, Baltimore, MD; **Jamie Schwarz, MD**, who will be starting a breast/aesthetic fellowship at the Cleveland Clinic; and **Justin West, MD** who will be performing an aesthetic surgery fellowship at the Manhattan Eye and Ear Hospital in New York City.

The department of plastic surgery at Georgetown will be sponsoring two major symposia this year and would encourage any member with an interest in either of these topics to attend the meetings:

June 27-29, 2009: **Dr. Maurice Nahabedian** will co-chair the inaugural Abdominal Wall Reconstruction Conference at the J.W. Marriott in Washington D.C.

September 24-26, 2009: **Drs. Attinger** and **Steinberg** from the department of plastic surgery, will co-chair the third annual Diabetic Limb Salvage conference at the J.W. Marriott in Washington D.C.

Johns Hopkins/University of Maryland Plastic Surgery

Program Director: Richard J. Redett, MD

There have been several recent additions to the Johns Hopkins/University of Maryland Plastic Surgery program. Devinder Singh, MD has been added to the faculty at the University of Maryland and Maura Reinblatt, MD has joined the staff at the Johns Hopkins Bayview Medical Center. Four residents graduate from the program each year. Derek Steinbacher, MD is pursuing a craniofacial fellowship, Ryan Katz, MD is pursuing a hand fellowship, Ariel Rad, MD and Leigh Ann Price, MD have begun practicing at academic centers.

Memorial Sloan-Kettering Cancer Center

Program Director: Peter G. Cordeiro, M.D.

Dr. Colleen McCarthy became the Plastic and Reconstructive Surgery Service's fifth full-time attending surgeon. Dr. McCarthy is a graduate of MSKCC's microsurgery fellowship. In February of 2008, MSKCC was pleased to host **Dr. Maurizio Nava** as Visiting Professor who gave surgical grand rounds. For the past 10 years, Dr. Nava has been the Director of the Plastic Surgery Unit at the National Institute for the Research and Cure of Tumors in Milan, Italy. The Plastic and Reconstructive Surgery Service will also host, in March 2009, **Dr. Elisabeth Beahm** and **Dr. Robert Walton**, both of whom will give surgical grand rounds.

The Plastic and Reconstructive Surgery Service will see the graduation of 3 microsurgery fellows in June 2009. **Tommaso Addona, MD** plans to remain in the New York area, possibly in Westchester County, with an academic appointment at a NYC hospital and the Westchester-based affiliated hospitals. He will be involved in resident training and plans to develop a practice focusing on microsurgery, post-oncologic reconstruction, and breast reconstruction. **Mark Sisco, MD** plans to return to the Midwest and involve himself in academic plastic surgery. **Valerie Lemaine, MD** plans to return to Montreal and the Centre Hospitalier de l'Universite de Montreal, an academic center in downtown Montreal with three affiliated hospitals. She will divide her time among reconstructive microsurgery, general plastic surgery, teaching, and clinical research.

PROGRAM ROUND-UP

News from the Section's Programs

Mount Sinai School of Medicine

Program Director: Lester Silver, MD
Associate Director: Peter Taub, MD

The most recent additions to the Mount Sinai Hospital and Affiliate are **Marco Harmaty, MD** and **John Ko, MD**.

For 2008 The Barsky - Hoffman lecturer was **William Kuzon, M.D.**

Each year 2 people graduate from the Mount Sinai School of Medicine plastic surgery program. This past year **Tommaso Addona, MD** began his fellowship at Memorial Sloan Kettering in New York City and **Henry Lin, MD** began a fellowship in the Kaiser system in Northern California.

This year **Philip J. Torina, MD** will be a fellow at Memorial Sloan Kettering in New York City and **Michael Wolfeld, MD** will be starting a fellowship at Lenox Hill Hospital, also in New York City.

New York-Presbyterian Hospital

Program Director: Robert T. Grant, MD, MSc, FACS

Dr. Sam Rhee joined the Weill Cornell full-time faculty in December 2007 as Director of our Pediatric and Craniofacial Program at that campus. The program successfully completed its transition from a program length of two to three years.

The Division hosts an Annual Patient Safety Symposium in NYC each Spring. This past year's session, held in April 2008, was focused on Patient Safety for Cosmetic Surgery of the Head and Neck.

This spring's conference, to be held in March 2009, will focus on Patients Safety in Body Contouring. This conference is a great way to meet our Societies' requirements for patient safety CME credits!

The Division hosted **Linda Phillips, MD** in her role as Visiting Professor for the Association of Women Surgeons, and **Ken Salyer, MD** in his role as ASPS Visiting Professor over the past academic year. Both visits were very enjoyable and well received.

New York-Presbyterian Hospital graduates three people from our program per year. In 2007, **Tal Roudner, MD** completed the program and joined his uncle in practice in Miami, Florida. The class of 2008 finished **Kevin Cross, MD**, who entered private practice in Philadelphia, PA; **Connie Chen, MD**, who entered a microsurgery fellowship at NYU/Bellevue Hospital Center; **Roy Foo, MD**, who is completing a craniofacial fellowship at the University of Pennsylvania/Children's Hospital of Philadelphia; and **Juliet Park, MD**, who entered private practice in Florida.

This year, **Graham Schwarz, MD** will be starting a microsurgery fellowship at MSKCC; **Mehul Kamdar, MD** will be doing a microsurgery fellowship at UCL; and **Aviva Preminger, MD** will be staying in New York City to start a private practice.

Penn State Hershey College of Medicine

Program Director: Donald Mackay, MD

There are now 6 clinical faculty members at Penn State Hershey College of Medicine. **Kurtis Moyer, MD** recently joined their staff after completing his residency at Duke University. Dr. Moyer's main interests are in microsurgery as well as adult reconstructive and cosmetic surgery. There are several other notable updates to the Penn State program. **Randy Hauck, MD** is now in charge of the Combined Plastic Surgery/Orthopedic Hand Service and **Donald Mackay, MD**, the division chief, clinical responsibility Pediatric Cleft/Craniofacial surgery, has been appointed Vice Chair for Clinical Affairs in the Department of Surgery earlier this past year.

Rogério Neves, MD has set up a multidisciplinary Melanoma/Skin Oncology program which includes Surgical Oncology, Dermatology, Radiation Therapy and Medical Oncology. Dr. Neves and members of the group have been very productive, presenting papers at a number of meetings including the International Melanoma meeting in Barcelona. Roger is participating in a number of clinical trials including a multicenter study of sentinel node biopsies that includes centers in Sydney, Australia; Milan, Italy; the John Wayne Cancer Center; as well as centers in Alabama.

John Potochny, MD is working on setting up the microsurgery training lab which is part of the American College of Surgery approved Simulation Labs in the College of Medicine. **Shane Johnson, MD** is now the Associate program director of the residency program and is setting up a tissue engineering lab with colleagues in the Orthopedic Department. **Paul Ehrlich, PhD** heads the Irvin Zubar Wound Healing Laboratory and continues with his NIH funded research on gap junctions and the wound matrix.

Steve Wall, MD, who is currently head of the Oxford Craniofacial Unit and President of the International Craniofacial Society, was a recent visiting professor. Steve was one of Don Mackay's residents in Johannesburg, South Africa in the early 90s'.

Effective July 2008 the RRC approved the residency to change to a 6 year Integrated program with 2 residents a year. This year, **Jason Hancey, MD** will join the faculty at Hershey as their seventh clinical faculty member. **Tom Samson, MD** will begin a craniofacial fellowship at Sick Kids in Toronto starting July 2009.

Penn State Hershey is now a University affiliate of Operation Smile.

Two of the residents, **Jason Hancey** and **Tom Samson**, were awarded Regan Fellowships that enabled them to participate in mission trips and educational activities through Operation Smile.

University of Pennsylvania

Program Director: Richard E. Kirschner, MD

Oksana Jackson, MD joined the faculty at Penn this past year after completing her training there. The division has increased the complement of residents from 2 per year to 3 per year, effective 2009. Currently, of the graduating residents, **Suhail Kanchwala, MD** will be starting a microvascular fellowship at MD Anderson and **Elizabeth Kim, MD** will be starting private practice.

Mark your Calendar for the NESPS Annual Meeting

ABOUT CHARLESTON PLACE....

Come to Charleston Place and you're in the heart of one of the most romantic and exciting cities in the world, Charleston, South Carolina, named one of the "Top Ten" destinations in the United States by the well-traveled readers of Conde Nast Traveler. A perfect blend of 18th century style and 21st century comfort, Charleston Place is famous for its traditional southern hospitality.

From the front door of the hotel, guests can enjoy leisurely strolls or inspiring jogging routes through some of the most beautifully preserved antebellum architecture on the continent. Take a horse drawn carriage for a tour of Charleston's narrow streets lined with beautifully preserved buildings from the colonial and antebellum periods. Stroll through The Battery or White Point Gardens for spectacular views of the harbor and distant Fort Sumter. Take a tour around some of the famous plantations and gardens, including Boone Hall Plantation, with its majestic avenue of moss-draped oaks, Magnolia Plantation, built in the 1670's, and Middleton Place, with America's oldest landscaped gardens.

Visit the area's lush sea islands of Kiawah, Seabrook and the Isle of Palms, offering water sports of every kind including sailing and deep sea fishing. Visit Catfish Row, the inspiration for America's first opera, 'Porgy and Bess', where vendors once peddled their produce along the roadside. Now private homes and specialty shops line the area.

Visit Charleston Museum, the USA's first and oldest, which interprets the story and natural history of the low country through artifacts, treasures and exhibits. Visit Charles Towne Landing, the site where the original settlement was established in 1670, and take a tram ride tour of the original fortification or stroll through the beautiful English Park gardens. Browse through the traditional market on Market Street, Charleston's many boutiques, art galleries and the King Street antique shops.



Northeastern Society of Plastic Surgeons

September 23-27
2009

26th
ANNUAL
MEETING

Charleston Place
Charleston
South Carolina

www.nesps.org

ENCOURAGE YOUR COLLEAGUES TO JOIN NESPS MEMBERSHIP NOW AVAILABLE ONLINE

Now it's even easier to encourage your colleagues to join the NESPS. Membership applications can be completed and submitted directly online. There are two ways you can recruit your colleagues.

Direct them to the NESPS Website (www.nesps.org).

Or initiate the application for them from the Members Only Section of www.nesps.org

Northeastern Society of Plastic Surgeons

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Northeastern Society of Plastic Surgeons

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Tip: you do not need to enter "Dr." in front of the name.

Find a Member

Search members by name or location.

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Log out of NESPS Members Only area

Deadline for consideration is July 10, 2009.

COMING SOON

UPCOMING MEETINGS AND CONFERENCES IN THE NORTHEASTERN SECTION

Do you have a meeting or conference coming up that you would like to list in the NESPS Newsletter? Please contact Lorraine O'Grady (logrady@prri.com) in the NESPS office with the details and we will add your meeting information to this space in both the electronic and hard copies of the Newsletter.

Get the word out to NESPS members.

Editor's Corner (continued from page one)

response has been so enthusiastic, that we will be renaming the traditional "Resident's Corner" to create a more encompassing section called "Program Roundup". This new section will not only report on what each program's residents are up to, but it will also provide an update on faculty and staff, happenings, conferences, meetings, and upcoming events within the Northeastern Society's programs. We hope it will also provide another conduit to promote educational programs being held in our region of the country or those sponsored by our participating programs. Speaking of educational events, please mark your calendars for March 7th and register to attend the 3rd annual March Workshop at the Yale Club in New York City. The topic this year will be "Rhinoplasty for Cosmetic and Reconstructive Patients". I look forward to seeing many of you there and be sure to mark your calendars for the NESPS' 26th annual meeting in beautiful Charleston September 23-27, 2009.



NORTHEASTERN SOCIETY OF PLASTIC SURGEONS

www.nesps.org

Rhinoplasty for Cosmetic & Reconstructive Patients

Saturday, March 7, 2009

3rd Annual Workshop

Co-Chairs: Louis Bucky, M.D. and Charles H. Thorne, M.D.

The Yale Club of New York City | New York City, NY

For additional information or to register online: www.nesps.org

www.nesps.org

- ◆ Stay up to date on Society actions and initiatives.
- ◆ Register online for NESPS meetings and programs.
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- ◆ Links to related sites.
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- ◆ Get the latest Annual Meeting information and view abstracts.
- ◆ Update your contact information in the Members Only Area to ensure that you continue to receive Society communications in a timely fashion.



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- ◆ Photo Highlights from the 2008 Annual Meeting.
- ◆ Encourage your colleagues to join NESPS online.
- ◆ Make plans now to attend the 2009 Annual Meeting in Charleston, South Carolina.

Register Online at www.nesps.org for the 3rd Annual Workshop, March 7, 2009 in New York City.